

Mar/23/2002

Fanfu Meng

What I learned from Justin

Last day Justin came to our ESL class and had a wonderful speech. We had learned "The old man and the sea". Many aspects which he had were same as the old man's. They all have the resolute faith. Justin finished his school when he was nearly thirty, but he never give up. At least he became a writer and a traveler. My dream is I want to be a businessman and a traveler, so I think I should learn many things from him.

~~Last day I~~ ~~ast~~ The old man fished eighty-four days, but he didn't catch anything. He didn't give up either. At ~~last~~ he catch the Marlin. Both of them are all my example which I shald be.

Yesterday I asked Justin: How do you think about you, do you think you are a winner or ~~lost~~ loser. He told us he was a ~~winner~~ loser and a winner. He finished his school very late and many people think the god shettle him a loser. But he didn't abandon himself, he learned ~~some thi~~ many thing different from other people and at last he vanquish himself. He said everyone should be the judge. The judge is the big winner. Yes, everyone wants to be the judge. but not everyone can be the judge.

~~less~~ only less of them can be the judge. If the person who always want to be the judge don't be a judge, he will be very sad and may lose his faith. So my opinion is different from Justin's. I think everyone should enjoy himself, either the condition is good or bad. Everyone should have the good mood ^{maybe}. I'm so young to understand many things. But I ~~still~~ will still keep my faith just like Justin.

~~Every~~ Everybody should have a pair of shoes. They can take you to every beautiful place. If you are happy you have got the shoes

March 22

He Long

what I learned from Justin

yesterday, a guy came to my class. his name is Justin. Before I didn't know him. My teacher told us. Justin is a writer, singer and actor. I like him, because he speaks really funny. And he taught us a lot of things. For example, when you see everyone don't think who is them. Just think he or she is a person. And I asked him, what is the most important thing for people? He said, what do you think. I said, Friendship and relationship and he said, I agree. I think that for everyone is important. if you don't have friend and relative and you have money, that is nothing. And if someone get some fault, you don't revenge them, because they have their reason.

I am really like him. I like his

Speak. so if I have chance I

want to meet him again

Name: Meng ShiCheng

kent

Mar 22

What I learned from Justin?

I knowing I am a person first and label liberation.

In the world everybody were the same, all equality.

The whole human is the same is equal, no one is high the other, and no one who is short then other. I am so ~~agree~~ agree with Justin's reason.

Justin is very good for psychology.

he teach me know some theory, that very useful for me, to make friends, and grown up.

The life like a card, no one can change it.

To make a friends with a new person, do not just look wheres out ward, you must know his internality.

If you are very rich, do not to look down upon the poor person, actually everyone is equal, you are not different.

If you are very poor, ~~not~~ shameful, or short, do not to despise yourself.

you ~~should~~ should to understand yourself at first, then you should to understand ~~your friend~~ your friend ~~and the~~ ~~and~~ and the world.

Justin was very remarkable. I thought, he teach me how to learn, how to love? how to live? ^{person} how to make friends?

I know the friendship is very important for everyone.

I know the person ~~is~~ first. The whole human no different.

What I learned from Justin

He is a humorous person. You can see it from his talk, and the humor in his outlook on life. That's very important. I will learn it from Justin. The people living in the world, we hope to be love, happy and without the anguish and hate. So I must learn the optimistic. "The world is very beautiful. I believe myself that I can do the best. Then I can learn how to live from Justin. The people must live ~~hard~~ hurry and catch up the time.

The second. I ~~feel~~ like his talk. That is very excellence. In my opinion, he is the best speaker. But I can't do it. I'm afraid to talk in broad daylight and in front of everybody. That's why I speak English is very bad. I must try to my best to practice

Dale Zhang

Mar 22.

Mar. 22nd.

Henry, Jang.

what I learned from Justin?

I learned about life. It is very hard. I don't know who says that life is beautiful. When I started to born, life gives what I'm going to resist with Pain. But Justin gives to me how to get ^{the} real life. It has a lucky either unlucky. I am ^a Person 1st. He said that we are thinking and helping the others Peoples. I also knew my way. Before, I thought that where I am going. Is this way is true? I knew for life a lot.

May 123 / 2002

Frank, Lu

What I learn from Justin

We met Justin in class yesterday. he told a very good presentation to us about the person is first.

In his presentation, he said every body is equality. when you see a person, and don't think he's rich or poor, he's winner or a loser. you ~~shoul~~ be think he just a person. And Justin also said the winner needs the loser, the lose needs the winner too. they need each other. Somebody asked Justin about his life, and then he told us a story about his life. ~~his~~ He said his father left his mother before his was birth. when he was birth. everybody thought he's a demon. And he said his mother didn't want him have knowledge, because she thought his father is die from that.

I think he has a strong volition in his own. he doesn't care other body how to think about him. he still loves himself.

March 22. Tim. Li

what I learn from Justin?

I learned the Confidence from Justin. He said: if you decided to do something, you must do it well. Trust yourself. Don't worry about time. and, everybody is same and equal in the world. you have your right. he has his right. The right is same under the law. Doesn't like that in china.

If I get low mark. my father would reprimand me. That is why. you play too much. my father said.

if I ~~you~~ were hit, you would be angry. How do I do. I hit back to him. No. don't do that. you have to think about it, you should forgive someone's ~~there~~ fault. And he said "one reaps no more than what he has sown".

3.22.2002 Alex Lee

What I learned ^{from} Justin?

Who is Justin, before I really no idea about him. This guy met us yesterday. After that I could say I know him. We ask 12 question to him, and one of all question was from me. Why do we confused by love?

Before he answered my question, I thought him his be have just like funny. Actually I did not know how to describe him and After He answered my important problem, I could feeling his smiling as the flower of Spring. He really helped help me to leave the dirty Triangle of influence and he could explained the conflict between me and my parents ^{clearly}. He is the first one. He told me 'don't worry about you self, you are going to be ok! The big wrong is from your parent and @ your Grand parents. You should do your own doing. Don't listen to anybody by your own choose. You should do your own choose. Just research you and I could not tell tell you anything, ^{just} ~~just~~ show the door — and you open it. He as the sun and candle — show the way. There was I learned from Justin Thomas, The Thanks him very much.

March 22th.

Aggie chen.

What I learned from Justin.

④ Justin is a optimistic person. He was ~~an~~ unlucky

when ~~the~~ he was a young boy. When he was 20, he said he

~~felt~~ oneself inferior. A thing impressed me is

a person ask him "what can I study English quickly?"

he said a interesting sentence, "when you went to bath^{room} how can you pee quickly?" It is a humor answer, but it answer

can ~~say~~ ~~to~~ the person ^{very} clearly. It is not ^{the thing} you can control

I can understand it. And ~~we~~ we asked some questions confuse

us. He explained very clearly, now I know if something we can't control it, don't worry, because worry is useful.

He said life is a play. 52 cards and the joker.

winner and loser. ^{card} Anyone wants winner. But no loser

is no winner. They are alive with each other.

He let us write "52" on each other's hand and clip.

I think that means we can hold ~~our~~ ~~our~~ ~~life~~ lives in our hand.

This is a ^{excellent} ~~fantastic~~ speech by Justin.

Junbo Sheed.

22, mar. 02.

What I learned from Justin.

Yesterday, Justin came to our class taught us a lesone about our lifes. He let us asked some questions what are we confuse about. Then we listed 12 questions, like: "what I will die? what is friendship? ...". He explained them one by one. I did not understand all of the he said, but I thought his mine idea is, person first, try to wake up. Do not afried anything, donot care you are a winner or loser, take off you mask, try to help others people. throw away your hart. Try to Pardon the person who hurted you. We are the people, defact is one kind of stuff from the human, so, do not scared by them, try to win them, then you can be a really people.

Mar 22 Leon what I learned from Justin?

Yesterday Justin gave us a perfect speak and he also was a nice person, he talk about his childhood, answered those questions, we also got a very good answer. I thought his childhood was not very good, but he never to give up his life. He studied very hard, he learned to much things from society, ~~we~~ got more experience from each others.

for me! what I learned from Justin? I think the most important things was he was a very nice person, he was very kind to everyone, and he also had more confidence. ~~But~~ ^{Also} I have confidence, ~~but~~ ^{but} I think not too much, sometimes I don't trust ~~my~~ myself too much. I always to suspect ~~my~~ my feeling, but Justin he never think about this question. That was very important things show I to studied. And another one was he was a very nice person, his speaking was very

good, when he asked our questions, his song.

I felt so nice. I think everyone should kind and friendly to each other. That was very important to be a person. I will say "Thank You very much; You gave to me a very nice class."

That was very important ~~and~~ class in my life. I will never forget it!

NAME: Liolia. Hsieh.

Date: Mar. 22. 2002.

What I Learned from Justin?

Yesterday, Mr. Justin had come to our class, and gave us a vivid and vigorous lesson. We had talked a lot of topics of conversation.

Just like, when I will die, what about my future. and person first and so on. But I have more interesting at person first this topic.

There are lots of people ~~at~~ around us, maybe we know them. maybe not. if there are two people. Both of them we ~~are~~ don't know, In that case. we can know the person first. For example, ^{Your} ~~My~~ friend's mother and another people are walking on the road, but you don't know that the woman is not your friend's mother, And then. is person first? or the woman first? Of course is person first. This topic let me understand that if you want to comprehend somebody. you must comprehend yourself.

Mr. Justin so nice. because he let me know a lot of thing that I didn't know before. Yesterday would be the most important day in my ~~my~~ whole life I will never forget it.

JERRY YIP

March 22, 2002

What I Learn from Justin?

Yesterday, Mr. Justin gave us a gift. The gift is telling me I am the first

person and told me what is label liberation. Also he told me that life is like

playing a card games. In the card games, there should have winner and loser.

If no winner, there will not have loser. On the other hand, If no loser, there

will not have winner. Mr. Justin reminded us do not do the winner and loser

it is because the winner and loser are controlling by the other people. For

example, father, mother and grandparents. If you continue to control by

them, your brain become die. He called me to wake up. We need to do

a Joker. Because Joker can think by ourself. We can do what we like to do.

Also, he think that when we born, we had wear a mask. He called us to

get off our mask. Don't wear mask!! If we continue to wear our mask, we

will lose ourself. like walking in the tunnels, can't see to the light.

Also, I learn from Mr. Justin is body language, body language is very important to attack the listeners. He was a very kind person! I hope he can have a beautiful life. Forgot his post!!

What I learn from Justin

Yesterday, Justin came to our class and give us a lesson. He's a humorous guy, self-confident. We don't know when will we die, but at least we should enjoy our life, never give up if you meet any trouble, you should be more tolerant of everything, do not care the hurt from other person, forgive and forget. Don't trust to chance, you have to trust yourself. We should care other person, help them, and friend is very important for a person. The most important is not future but now, we should try our best now, if not, the future will not nice. That's what I learn from Justin.

Mar 22th.

Tommy. ZHAO

- - WHAA I LEARNED FROM JUSTIN

Yesterday, a man. came to our classroom.

He let us asked he 10 questions, any question we can asked him. for example: "What do you think:

That man could answer our any question about

natural, man. and something else. He tell us How

to pardon, people life in the world need pardon

and ~~man~~ between women and children, throw away your
bad habit. & you should learn how to lenient.

you should have your ~~own~~ own ideal. and should

do everything like God to tell you. ~~you~~ If you

deside to do something. don't so think others interfen

you should think only you are ~~o~~ right. do everything

hardly for your idead. only you are outstanding.

March 22th

Sunny Ding

1. What I learned from ~~the~~ Justin?

Justin is a humorous person. I like him very much. I learned from him about life of a Canadian. His acting is excellent and interested. He thinks that friendship is important in life, so I am. He told us about ~~his~~ he ^{is} used to do something everyday which I know the culture is different between China and Canada. He faces life is optimistic, which I know ~~he is a~~ strong person. I hope that I can ~~study~~ ^{learn} from his outlook on life. He is a good person for spirit, acting and language. I heard from a good speech in my life, he is a nice person. He is kind of person, and everybody thinks that his speech is excellent, which told us many good things, I learn from Justin ~~about~~ many things about ~~an~~ outlook on life, acting and knowledge. I like ~~at~~ him very much. He is an excellent person.

Mar 22.
Christina Yue

What I learned from Justin?

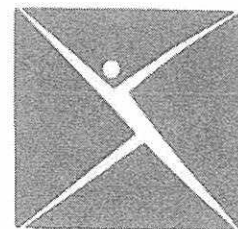
A man came to our class yesterday. He teach us so many things and answer us a lot of questions.

He teach us all people are equal and I should more confident and more responsible today.

He is a good Guy and I like his presentation. How interesting!

He teach us how to ^{be a} person. Let to me know how to stand of the dirty earth. How to be a success person and how to get a beautiful personation. Those was I learned from Justin Thomas.

mental health/canada
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CANADIAN MENTAL HEALTH ASSOCIATION / L'ASSOCIATION CANADIENNE POUR LA SANTE MENTALE / 2160 YONGE ST. TORONTO M4S 2A9 / 416-484-7750

October 29, 1976

Mr. Justin Thomas
Box 6333
Station A
Toronto, Ontario
M5W 1P7

Dear Justin:

Thank you for taking the time to meet with us this morning.

I am enclosing for your information an outline of activities for our National Annual Dinner.

I would appreciate it if you could provide us with a poster advertising your record and a sample of the order form.

I look forward to seeing you on November 5th.

Sincerely,

Hilda Mackow
Assistant Director

HM:fra

enclosure

P.S. *I've listened to your album and I'm impressed. Congratulations!*

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